

PRE-OPERATIVE CHECKLIST

- Preoperative appointment** with Dr. Klimisch's Physician Assistant, Bailey Slayton.
- Attend **Joint Replacement Class** at the hospital.
- Pre-admissions registration** at your surgical location. Bring all medications in their bottles to this appointment.
- Primary care provider and/or other specialists' appointment(s) for **surgical clearance**.
- Purchase Hibiclens.** You will need to shower the night before and morning of surgery with this soap. This will help reduce the risk of infection.
- Remove all colored nail polish from your fingernails.** A device to measure your oxygen levels will be placed on your fingers. It does not work properly through colored nail polish. Clear nail polish is okay.
- Do not eat or drink anything after midnight** the night before the surgery.
- Do not shave the surgical area** before the surgery. If needed, this will be done the morning of surgery.
- Discontinue any medications/substances that can increase surgical bleeding** or cause a delay in healing. (i.e. blood thinners, smoking, OTC vitamins/supplements, immunosuppressant drugs)
- Make sure you have your family/friend **support system arranged** for assistance at the hospital and at home.
- Plan to arrive at the hospital at 5:00 am** the morning of surgery, unless told otherwise. You will check in on the 2nd floor, the same place you had your pre-admission appointment at.
If you are having your surgery at Texas Orthopedic Center of Excellence, they will call you to let you know your arrival time as well as your surgery time.